# I · Dreamscape Fantasy



"To achieve the impossible dream, try going to sleep." - Joan Klempner

If you have ever felt a connection towards magical forests beaming with streams of golden light or the mystical presence of ancient civilizations, then Dreamscape Fantasy is for you. It is a therapeutic tool for revealing and handling issues that are troubling your mind. It also provides a means to explore altered or higher states of consciousness. Both are typically experienced during lucid dreams.

Dreamscape Fantasy will guide you into vivid dreamlike realities, opening doors that are normally only available to you in a dream state during sleep. In contrast to typical dreams that occur while asleep, Dreamscape "dreams" can be much easier to interact in, shape and remember afterwards. Begin exploring a magical dream world filled with amazing creatures and romantic visions as this Dreamscape provides the means to travel there.

Dreamscape Fantasy helps you discover and effectively resolve hidden and unresolved issues that can get in the way of conscious development in your meditations (via the Babbler) such as inner conflict, depression, anxiety and stress. Dreamscapes enable you to build a sense of self-worth and confidence at a core level. You can confront problems, overcome them and enter a breakthrough state, without fear of experiencing a bad dream.

Dreamscapes use a well-tested method for relaxing the physical body. Your mind enters a state of deep relaxation. At this point, stress and anxiety levels of the body and mind drop drastically. This helps bring your subconscious thoughts to the surface. Next, Eric Pepin's voice leads you on a mystical journey assisted by colorful music, key words, psychological tones and specialized embedded binaural technology. This is the stage where the issues you wish to work on, whatever they may be, can express themselves with lucid clarity, in a dreamlike environment.

Dreamscape sessions commonly reveal issues in your subconscious that you may not be aware of. Your deep personal problems, desires or fears may also emerge. Many times a person may suspect an issue within themselves and by using dreamscapes, they can see the scope of the problem. It is important to be able to lay your problems on the table and see

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them clearly because hidden or unresolved issues will get in the way of your conscious development.

Dream objects or emotions can usually be associated with something in your life, with your emotional and psychological state. Sometimes, however, your dream may present itself as something completely out of left field. These random experiences could be multi-dimensional in nature or even ancient memories! You will require a good deal of self-reflection and interpretation to accurately understand these experiences. However, please keep in mind that dreamscapes are not like an ordinary dream you have when you are sleeping. Therefore, the same interpretation methods may not apply every time.

Dreamscape Fantasy includes dark undertones that are designed to pull your deeper emotional issues to the surface with positive experiences to reinforce healing. Dreamscape Fantasy will leave you in a powerful, positive state of mind while resolving inner issues in a unique and very special way. 'Fantasy' includes a newly developed embedded binaural technology that specifically compliments this Dream-canvas, yielding remarkable results.

The organic brain is a huge problem for spiritual beings who desire greater and more profound experiences than can be provided by this reality. Over time, the brain becomes rigid. It loses its flexibility to imagine and conceive of things it's never seen. There are endless dimensions and parallel universes awaiting exploration, but your organic brain filters all of your experiences and edits out the ones that it cannot conceive!

Each new Dreamscape session can dramatically differ from your previous session as fresh memories resurface and bring forth new images, feelings and sensations. Liberate your mind as your organic body drifts into a deep relaxation which allows your mind to effortlessly traverse the Dreamscape.

#### **Instructions for Use**

- Dreamscape Fantasy should not be used more than 3 times per week or unless otherwise recommended by support staff.
- After using Dreamscape Fantasy for awhile, you can use it to focus on a particular topic you have in mind. If you are having trouble relaxing or reaching a peak state, try adjusting your diet or the time of day you are using it. Also, for best results, let go of any resistance and keep surrendering into relaxation.

#### What If You Fall Asleep?

• A common predicament that some people face is that they fall asleep after the initial relaxation segment. There's nothing wrong with that. The relaxation section is pretty effective. You will simply have a pleasant nap. In time, it will become easier to stay awake. To really explore the potential that Dreamscape Fantasy offers, you must be well rested. At the same time, you do not want to be overly alert. Try not to consume

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stimulating substances like caffeine or sugars right before your session. For many, the Dreamscape experience is positive and exhilarating, but it doesn't have to be only about dealing with difficult issues. Have fun with it, and your mind!

### **Dreamscape Fantasy Objectives**

- Explore a world created by your deepest emotions through altered or higher states of consciousness.
- Discover and effectively resolve hidden and unresolved issues that get in the way of
  conscious development in your meditations (via the Babbler) such as inner conflict,
  depression, anxiety and stress.
- Build your self-worth and confidence at a core level.
- Confront your problems, overcome them and enter a breakthrough state, without fear of experiencing a "bad dream."
- Prevent your brain from editing your visions and sensations as they flow into your conscious awareness!

## **Preparing To Listen**

Find a comfortable place to lie down where you won't be disturbed for about an hour. If you prefer, you may also sit in a comfortable chair. In order to reap the full benefits of the specialized embedded binaural audio technology of the Dreamscape, you must use stereo headphones. Get your stereo headset, your copy of Dreamscape Fantasy, find a comfortable place and begin an unforgettable, dreamlike experience. Keep a notebook and pen close by to write your impressions after the dreamscape. Make the visuals as vivid as possible. Can you see the hairs on the horse's neck? Can you see the steam as the horse breathes? Can you smell the horse? The more vivid the visuals, the more busy you keep the Babbler.

Ready... Set... LISTEN!

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